

Additional Useful Websites

If your children are anxious about Covid 19

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus>

<http://www.autismsupportnetwork.com/news/12-fun-sensory-activities-autistic-children-478833>
Sensory / calming activities all ages

Useful websites if your child is struggling with general behaviour or ADHD

<https://childmind.org/article/managing-problem-behavior-at-home/>

<https://www.actionforchildren.org.uk/news-and-blogs/parenting-tips/2020/march/our-month-long-survival-guide-for-parents-with-children-at-home-tips-for-children/>

Resources for children with ASD

<https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf> Social Story Coronavirus

<http://www.autismsupportnetwork.com/news/12-fun-sensory-activities-autistic-children-478833>
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